



1 & 2 Hour WORKSHOPS

At the Yuba County One-Stop

Call (530) 749-4850 or Come In to Sign-up



BASIC COMPUTER SKILLS (Ellis Room- upstairs #208) (1st & 3rd Wednesday of Each Month – 1:30 to 3:30 PM)

- General info about how computers work.
- Basic info on how to use a computer.
- Basic info on how to use the Internet.
- Sign-up in advance to attend



HOW TO GET A JOB (Maidu Room- downstairs off lobby) (2nd & 4th Wednesday of Each Month – 1:30 to 3:30 PM)

- What are employers looking for?
- Where do you look for job leads?
- How do you find a government job?
- Sign-up in advance to attend



RÉSUMÉ WRITING (Resource Room- downstairs) (Every Wednesday in the Resource Room – 3:00 to 5:00 PM)

- What your résumé should do for you.
- How to create a winning résumé.
- Improve your résumé using O*NET.
- Sign-up in advance to attend



HOW TO GET A STATE JOB (ROP Room- upstairs #211) (Every Other Wednesday– 3:30 to 5:30 PM)

- How to apply for State jobs online?
- Finding exam dates and locations?
- Completing the State job application.
- Sign-up in advance to attend



SUCCESSFUL INTERVIEWING (Ellis Room-upstairs #208) (Every Tuesday - 1 hr - Time varies every other week)

- How to prepare for an interview
- The Do's and Don'ts of interviewing
- How to answer interview questions
- Sign-up in advance to attend



CAREER NETWORK GROUP (Beckwourth Room-upstairs #213) (Every Tuesday – 10:00 to 11:00 AM)

- Ongoing group to share your unemployment experiences
- Open discussions on unemployment topics
- Network with others to share job search information
- **Open to the public on a walk-in basis**



NEW START WORKSHOP (Beckwourth Room-upstairs #213) (Every Thursday – 2:30 to 3:30 PM)

- Addressing employment needs of formerly incarcerated individuals
- Dealing with a criminal history in the job search process
- Networking, job search, résumés, interviewing and training
- **Open to the public on a walk-in basis**