



# ***What Training Can I Get?***

**People come in to the Yuba County One Stop nearly every day and ask this question. It may be only five words, but it is almost never the real question that people have. It varies by person, but the underlying question or questions people want answers to are:**

1. What training can I get to find a job as soon as possible?
2. What training can I get to improve my income?
3. What kind of training is available for me to start a new career?
4. I want a career instead of a job, what training is available?
5. I don't know what I want to do, what training is available?

**The answers to these more complex questions come from finding the answers to other questions that define you as an individual and the employment and training opportunities where you live.**

1. What jobs are there in my area that requires short term training?
2. What jobs in my area are paying the best wages?
3. What jobs can I get with my current education level?
4. What occupational fields offer the most security or growth?

**Other important questions that affect training options and training decisions that also need answers include:**

1. What are my personal interests in life that would make me happy to go to work everyday?  
Career success is directly related to how much you enjoy your job.
2. What skills do I already have that I can build on to give me a jump start in an occupational training or career field?
3. How long can I afford to be in training and still be able to meet the financial needs for myself or my family?
4. How far can I travel to get the training I want and how much time can I devote to the training and still meet my other responsibilities?

**The information to answer most or all of the questions listed above can be found by using the “Quick Links” on the homepage at [www.yuba1stop.org](http://www.yuba1stop.org). You can help yourself and the staff at the One Stop if you explore these questions and answers before you come in and ask the simple question “*What Training Can I Get?*” If you need help finding answers to these questions, our One Stop staff is here to help.**